



# MIOSHA 10-Hour for Construction

## 1 Who Should Attend . . .

This program is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and worker's compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with MIOSHA

## 2 Why you need this Seminar . . .

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high direct costs of work-related injuries, which grew to \$42.5 billion nationally in 2000, and indirect costs, which were estimated at an additional \$127 - \$212 billion in 2002. (*2003 Liberty Mutual Safety Index.*)
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces worker's compensation costs, improves employee morale, and increases production and quality.

## 3 What You'll Learn . . .

This ten-hour program presents an overview of MIOSHA regulations for the construction industry. Detailed information is presented to enable the participant to develop an accident prevention plan as required by Rule 114 of MIOSHA Construction Safety Standard Part 1, General Rules. An overview of MIOSHA inspection procedures is presented as well as the most frequently cited MIOSHA violations in the construction industry. Participants gain detailed information regarding construction and health standards relative to the industry.

## Agenda

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| ▶ Introduction to MIOSHA                   | ▶ The Michigan Right-to-Know Law                 |
| ▶ Part 1 - General Rules                   | ▶ Occupational Health Standards for Construction |
| ▶ Part 6 - Personal Protective Equipment   | ▶ Part 11 - Ladders                              |
| ▶ Part 8 - Handling & Storage of Materials | ▶ Part 12 - Scaffolds                            |
| ▶ Part 9 - Excavations                     | ▶ Part 32 - Aerial Work Platforms                |
| ▶ Part 17 - Electrical                     | ▶ Part 45 - Fall Protection                      |

# Facilitator

Tom Swindlehurst is a Construction Safety Consultant in the Consultation Education and Training Division of MIOSHA with over 40 years experience in the construction industry. He began his State service in 1989 with the construction enforcement division and transferred to the CET Division in 1995 as an on-site consultant performing hazard surveys. In 2001, he moved to his current position where he focuses on consultation and training for employers and employees.

Tom has authored many articles on construction safety and has presented at hundreds of training sessions for both management and labor in the construction field. He has a Bachelor's degree in Supervision and Management from Central Michigan University and is a Vietnam veteran. His passion and commitment to safety are a result of his own personal experiences during his many years in the construction industry.



**Tom Swindlehurst**  
*Construction Safety Consultant,  
MIOSHA, CET Division*

## Program Details

**DATE:** April 13-14, 2005  
**LOCATION:** Associated Builders and Contractors  
1501 Rensen  
Lansing, MI  
**COST:** \$90 per person for non-members and  
\$60 per person for members, includes  
lunch and course materials.

**TIME:** Check-in - 11:00 a.m.  
Program - 12:00 p.m. to 5:00 p.m.  
**DEADLINE:** Register by April 11, 2005  
Enrollment is limited to 30 participants,  
so please register early!  
**CONTACT:** Julie Strudwick - 517.394.4481

**COSPONSOR:** *Associated Builders and Contractors*

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

## How to Register

MIOSHA 10-Hour for Construction

Complete information at right to  
register by . . .

► **Phone:** 517.394.4481  
► **Fax:** 517.394.6275  
► **Mail:** Associated Builders and  
Contractors  
1501 Rensen  
Lansing, MI 48910  
Attn: Julie Strudwick

Name: \_\_\_\_\_  
Company Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Fax: \_\_\_\_\_  
Members Attending: \_\_\_\_\_ @ \$60 = \$ \_\_\_\_\_  
Non-Members Attending: \_\_\_\_\_ @ \$90 = \$ \_\_\_\_\_  
Total = \$ \_\_\_\_\_

The Department of Labor & Economic Growth will not discriminate against any individual or group because of race, sex, religion, age, national origin, color, marital status, disability, or political beliefs. If you need assistance with reading, writing, hearing, etc., under the Americans with Disabilities Act, you may make your need known to this agency at least two weeks in advance.